

# Care, Guidance and Support at St George's (CGS)

The pastoral team are committed to encouraging and supporting all pupils. The team has an experience, a breadth of knowledge and depth of skill which ensures everyone's needs are catered for. They offer a balance between giving support to pupils and allowing them to take responsibility and make their own decisions. Pupils must own their behaviour and recognise that this impacts their own progress and that of others. The school's assertive discipline 'Consequence' policy is displayed in all classrooms and pupils are expected to adhere to it.

The pupils belong to a College: Carlisle, Chester, Durham, Lincoln or York. Each pupil is part of a College Tutor Group and has a dedicated College Tutor to support them. All of the College Tutors are supported by the pastoral team who offers assistance in settling and resolving any concerns.

The KS3 Pastoral Leader is also responsible for the Year 6 transition to Year 7 and offers support to the pupils enabling them to settle seamlessly into St George's.

The Pastoral Leaders (KS3 & KS4) offer guidance to pupils to help them recognise that qualifications are an important area of their education for them to achieve in the future. They track the progress and personal development of their pupils; and can then work with pupils to help them achieve via a number of many strategies. The pupil may be placed on a 'Support Monitoring Card' which monitors their curriculum and allows the teacher to record improvement academically and behavioural for that pupil.

Competitions are held academically and sporting and points are awarded for achievement and also attendance. The College Trophy is awarded at the end of that Academic year to the College with the highest points. This College then has the opportunity to enjoy an end of term reward.

There are many opportunities for the pupils to show their care and understanding of several charities and the work they carry out. Each College holds a day/week of fundraising for their chosen charity.

Pupils who are feeling unwell are referred to Pupil Reception. A member of staff will contact home and talk to parents about the best course of action either offer basic medication or arrange for them being collected to go home. We also look after any pupil with a Health Care Plan or medical condition.

Sometimes pupils are referred for support because they are unable to access mainstream lessons. The pupil might have physical, mental or other health issues. If this is the case a personalised programme enabling them to continue learning will take place in our unit for 'Curriculum Access Pupil Support' (CAPS). Pupils who are academically vulnerable, because of their literacy levels, will be identified and may receive additional teaching support from 'Intervention' by our ICAPS teachers. Depending upon need, identified through assessments, this may take the form of a short term or longer intervention.

Sometimes pupils may need immediate and intensive support for a variety of reasons. They may have social, physical or emotional issues that need addressing and which may affect their everyday personal management. Likewise, pupils who demonstrate behaviours which persistently challenge school rules may participate in a programme which will give advice on issues relevant to their needs e.g. anger management, self-esteem, personal behaviour management, crisis strategies, social skills, counselling and personal organisation. Parents are encouraged to become more involved and contact is maintained to enable improved partnerships between school and home.

**A number of agencies work alongside St George's offering advice and counselling and the school invite them to engage with these pupils.**

- **Young Carers:** Supports pupils who often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. They can organise young carers' help groups which may assist with feelings of low self-esteem, anxiety or lack of confidence. They give advice and support if a pupil has problems such as personal or health related problems that they want to talk about in confidence. They organise free events and activities so pupils can get out and enjoy themselves and also meet other young carers who may be going through a similar experience.
- **Family In Need:** (FIN) Family support workers assist families who are experiencing short or long term difficulties, by offering practical help and emotional support. Helping to make sure that children can remain with their family. Families are usually referred by a social worker and work together to assess the support required.
- **Social Services:** Protect children and young people who are or who might be at risk of harm. Provide extra help for those caring for a disabled child or young person. Provide fostering, adoption and other support when a child or young person needs to live away from their family. Parents should be aware that the school has a legal obligation to take advice /forward any suspicion of concern about a child to the appropriate authority. This is always done in the best interest of the child.
- **Linden Centre:** The purpose built Linden Centre is there for pupils who are anxious, stressed or overwhelmed by illness. Also can help if struggling to cope after the loss of a loved one through terminal illness. The Linden Centre we will arrange an initial consultation, which is a session of up to one hour where we explore your current situation, talk about how they are feeling and find out what kinds of support are available . They will advise on services that Trinity Hospice can provide, or give information about other services that may be able to help.
- **Rainbows Bereavement Support:** A national charity having a positive impact on the lives of children, young people and adults grieving a significant and often devastating loss in their lives. We have two trained facilitators and co-ordinators that run groups within the school working with pupils who need support and emotional help following their loss.
- **WISH:** Sexual health and relationships support for young people. The WISH team offer 1-1 and group support to young people under 18 regarding sexual health and relationship issues.
- **The HUB:** Under 25s alcohol and drug service. The hub offers 1-1 treatment, support, advice and information for young people, parents, carers and professionals around drug and alcohol misuse.
- **Behaviour Advisory Teacher:** Works across Blackpool and supports pupils and teachers. Offers support, advice and training to schools and families for pupils with various conditions and needs. This service has a team of Advisory Teachers and a Specialist SSA. The team has advanced qualifications and expertise in working with children and young people with autism, learning difficulties, communication and interaction difficulties.

- **Counsellor:** comes into school and talks to pupils regarding all aspects.
- **School Nurse Practitioner:** School nurses are qualified and come into school a couple of hours each week to support children and young people in making healthy lifestyle choices, enabling them to reach their full potential and enjoy life. School nurses work across education and health, providing a link between school, home and the community. Their aim is improve the health and wellbeing of children and young people.
- **Police:** Provide support and advice for school when needed. They may visit school to talk to pupils who have been involved in anti-social behaviour or witness to an incident.
- **Youth Offending Team: (YOT)** Work with young people that get into trouble with the law. They look into the background of a young person and try to help them stay away from crime. They also: run local crime prevention programmes, help young people at the police station if they're arrested, help young people and their families at court, supervise young people serving a community sentence, stay in touch with a young person if they're sentenced to custody.

**CAFCASS** (Children and Family Court Advisory and Support Service): Champions the interests of children involved in family proceedings, advising the family courts in England on what it considers to be in the best interests of individual children. Cafcass have professionally qualified social work staff, called Family Court Advisers (FCAs), work exclusively in the family courts.

- **Child and Adolescent Mental Health Service (CAMHS):** The service is made up of professionals from a range of disciplines including consultant child and adolescent psychiatrists, nurses, social workers, occupational therapists, psychologists, counsellors, support staff and an admin team. The service offers a range of assessments and therapeutic interventions including 1-1 work, family therapy and group work.

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