



PRAYERS

Spring Term, 2017

Week 16 – 09.01.17 – Worship Theme: Health & Fitness

'Don't you know that your body is the temple of the Holy Spirit, who lives in you and who was given to you by God?'

1 Corinthians

6:19a

Loving God, some days I'd rather just stay in bed especially when it is cold and dark outside. Please remind me on those days of the things I want to do with my life and why it is important to make the effort. Amen.

Week 17 – 16.01.17 – Worship Theme: Happiness & Well-Being

'...And God's peace, which is far beyond human understanding, will keep your hearts and minds safe in union with Christ Jesus.'

Philippians 4:7

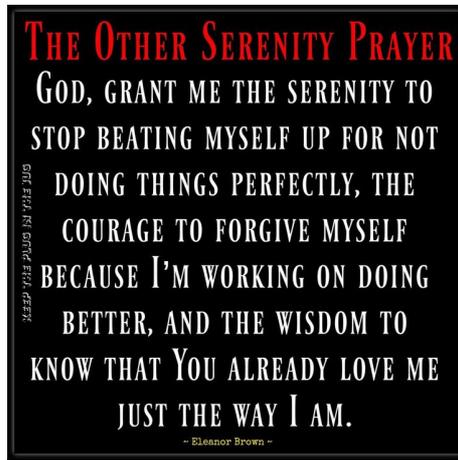
Loving God, you created me and you know all about me. You are the only one who knows the real me, the one deep down inside who's there when I'm by myself. Show me how I can find happiness in my life, not just the surface level happiness which brings a smile to my face, but true happiness which makes the 'me' inside light up. Amen.

Week 18 – 23.01.17 – Worship Theme: Self Image (Christian gift = Humility)

'God created man in his own image, in the image of God he created him; male and female he created them.'

Genesis

1:27



**Week 19 – 30.01.17 – Worship Theme: Charity Week (Chester College) –
Blackpool Young Carers**

*Jesus said, 'This is what I command you: Love each other as I have loved you.' John
15:12*

Loving God, you made us to love one another and be there for each other. We pray for anyone we know who is struggling to care for someone who needs help. Please may they know they are not alone, and, on the days when it is especially difficult, may they find inner reserves of strength and peace. Amen.

Week 20 – 06.02.17 – Worship Theme: Positive Thinking

(Christian gift = Wisdom)

*'Do not forsake her, and she will keep you; love her, and she will guard you.' Proverbs
4:6*

Loving Lord, in my imagination I can see a great King with a treasure chest in front of him, lid open, holding up precious jewels to the light, enjoying their beauty. To you I am that precious jewel, loved and redeemed, something beautiful, cherished and priceless. Help me to keep this picture in my mind when others try to put me down or when I do it to myself. Amen.

******* Half term *******

**Week 21 – 20.02.17- Worship Theme: Random Acts of Kindness Week
- Pay It Forward**

*'...love your enemies, and do good, and lend, expecting nothing in return, and your reward
will be great, and you will be children of the Most High...'* *Luke 6:35*

Loving God, we offer up to you the people and places for whom we are concerned. Please give us wisdom to know how to put our best wishes and thought into actions which will lift their spirits today. Amen.

Week 22 – 27.02.17 – Worship Theme: Pressing Pause - Lent

‘Like a deer drinking from a stream, I reach out to you, my God. My soul thirsts for the living God. When can I go to meet with him?’ *Psalm 42:1-2*

Holy God, our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. Amen.
(The Church’s collect, or special prayer, for Ash Wednesday.)

Week 23 – 06.03.17 – Worship Theme: Fairtrade Fortnight

(Christian gift = Justice)

Jesus said, ‘This is what I command you: Love each other as I have loved you.’ *John 15:12*

The following prayer is from ‘All We Can’, a Methodist organisation which works to help the world’s poor.

Loving and compassionate Jesus,
Help us to respond to the things our eyes perceive.
Help us to tend to the people in this world who are in need.
Help us to be generous with our resources, words and time.
Help us to follow you as you lead and guide. Amen.

Week 24 – 13.03.17 – Worship Theme: Sorry (Christian gift = Forgiveness)

‘Jesus said, “Father, forgive them. They don’t know what they are doing.”’ *Luke 23:34*

Forgiving Lord, you paid the price of sin for me, help me to forgive those who sin against me. Help me to let go of painful memories, to let go of the price I paid for their wrongdoing, to let go of the desire for revenge. Help me by the power of your Spirit, to close a door on this chapter in my life and to move forward along the road of holiness. Amen.

Week 25 – 20.03.17 – Worship Theme: Family

Jesus said, ‘Whoever does what God wants is my brother, my sister, my mother.’

Mark 3:35

Loving God, I lift up to you all those people I think of as family. Thank you for their love and support and all they bring to my life. I also pray for those cracks in our relationships which threaten our security. May we work together to mend what is breaking because we know this is your will for our lives. For Jesus Christ’s sake we pray. Amen.

Week 26 – 27.03.17 – Worship Theme: Leanne’s Garden

(Christian gift = Reverence)

‘God said, “Do not come any closer. Take off your sandals, because you are standing on holy ground.”’

Exodus 3:5

Loving God, we pray in thankfulness for Leanne’s life and the lives of those she touched. We remember her family and all those who miss her. We bring before you all families affected by the sudden loss of a loved one and think of those families whose lives have been forever altered by a traffic accident. May your presence with them give them the strength they need to cope with each day. For Jesus Christ’s sake and in his name we pray. Amen.